

Botanical Inktober



Hello creative soul and welcome!

This is a short and sweet pdf which includes the prompts for the Botanical inktober challenge!

Daily creative challenges are a great way to get into a lovely habit of showing up at the art table and creating something.

You can spend 10 minutes or several hours using the prompts as a little jump start and I hope this creative practice inspires you to make a little art every day!

Much Love
Louise xx

MY FAVORITE MATERIALS FOR INKTOBER

- Mixed Media paper. I like canson [here](#).
- Sketchbook. I like Daler Rowney Spiral or bound [here](#) or Viviva for watercolor [here](#).
- Watercolor paper if using wet media (I use A4 Canson Aquarelle paper 140lb [here](#))
- Fine black pens. (I use Pigma Micron pens in sizes ranging from 0.5 to 8) You can buy a pack [here](#).
- FW or Liquitex Acrylic Inks [here](#).
- Dip pen [here](#) and drawing ink
- Natural inks such as Walnut ink [here](#).

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Instagram: [@louise-gale](https://www.instagram.com/louise-gale)

Facebook: [@louise-gale-art-and-design](https://www.facebook.com/louise-gale-art-and-design)

Classes: artclasses.louise-gale.com

from the studio of

Louise Gale  Art and Design





How to play along:

- Join in every day OR dip in and out as you wish
- Use the prompts listed above to draw (or inky paint) your own botanicals as a single drawing or a page in your sketchbook.
- Post your art or photos on Instagram and/or Facebook, tagging me (as below) and using the hashtags #botanicalinktober #inktoberwithlouise
- Have fun!



[@louiseagle](https://www.instagram.com/louiseagle)



[@LouiseGaleArtandDesign](https://www.facebook.com/LouiseGaleArtandDesign)

About

Louise Gale is a British mixed-media artist who believes nature is our medicine and helps us reconnect with our true selves. Her art is constantly inspired by the beauty that surrounds her in the natural world.

Louise's art studio is located in Spain overlooking the sea with a view of Gibraltar rock, tiny fishing boats and the Moroccan coastline in the distance, so when she is not in her studio creating, hosting online classes or working with other creative people, you can find her on the beach collecting inspiration and putting her bare feet into the sand.

Louise's work has been published in the *New York Times* and she has contributed to many books and magazine articles where she shares her creative processes and love for nature, mandalas and color. She also has a permanent art collection called 'Sew Hoboken' at the Hoboken Historical Museum in New Jersey, USA.



Photo by Ashley Fincham

Connect with Louise Gale Art & Design here:

LouiseGale.com

Facebook: LouiseGaleArtandDesign

Instagram: @louisegale

Connect here with her Botanical Mandala work:

BotanicalMandalas.com

Facebook: botanicalmandalas

Instagram: @botanicalmandalas





Reconnect to Mother Earth and recharge your creativity by combining the healing energy of nature with the meditative process of drawing and painting

My Botanical Mandalas book is your guidebook to slowing down and journeying within, while creating organic expressions of the natural elements that most speak to your unique way of looking at the world.

This engaging & interactive book includes drawing, painting and mixed-media projects to find endless inspiration for your own botanical mandala journey.

My intention is that the book helps you:

- Reconnect back to nature by taking breaks from technology and enjoy the calming energy that nature provides.
- Slow down and take time to really observe the beauty that surrounds you in the natural world.
- Be inspired to sketch, draw and paint flora and fauna you are drawn to.
- Learn how to draw, paint and create expressive mandala art inspired by your own unique connection to nature.
- Reduce stress and enjoy the calming process that 'Botanical Mandalas' creates.



Find out more at <https://louisegale.com/books>



Masterclass



Save 40% when you buy the bundle of Art Classes!!

Join me in this 12 Class Masterclass Program where you can take one class a month over the year OR dip in and out as you wish! All classes are Instant /Lifetime access with downloadable videos to keep.

Find out about the bundle offering [HERE](#)
Purchase classes individually [HERE](#)



EP1: Draw and Paint Botanical Motifs

Botanical Mandalas Masterclass Series (EP1)



EP2: Draw & Color Botanical Mandalas

Botanical Mandalas Masterclass Series (EP2)



EP3: Mindful Botanical Mandalas

Botanical Mandalas Masterclass Series (EP3)



EP4: Stamp and Printmaking Explorations

Botanical Mandalas Masterclass Series (EP4)



EP5: Mantra Mandalas - Affirmations, Intentions,...

Botanical Mandalas Masterclass Series (EP5)



EP6: Paper, Paint and Wax

Botanical Mandalas Masterclass Series (EP6)



EP7: Color Palettes Inspired by Nature

Botanical Mandalas Masterclass Series (EP7)



EP8: Nature Pressing and Printing

Botanical Mandalas Masterclass Series (EP8)



EP9: Create and Paint Clay Botanicals!

Botanical Mandalas Masterclass Series (EP9)



EP10: Embroidered Botanical Motifs and Mandalas

Botanical Mandalas Masterclass Series (EP10)



EP11: Mixed-Media Botanical Mandalas on Canvas

Botanical Mandalas Masterclass Series (EP11)



EP12: Mixed-Media Botanicals on Wood

Botanical Mandalas Masterclass Series (EP12)

FREE RESOURCES!

Grab your free spots in my Creative Library and Mandala Inspiration classes by subscribing to my mailing list.

Click here: <http://eepurl.com/z4kYT>



Creative Inspiration Library

A **Free** Creative Portal for my Subscribers



Includes:

- A free Sketchbook mini class.
- Access to the Free Mandala class series (includes coloring pages and videos)
- Audio meditations and other downloads
- ebooks and fun sheet downloads
- Special subscriber only offers for classes.



Free Mandala Inspiration Class



Includes:

- Getting started with mandalas
- Drawing
- Coloring
- Other mandala explorations
- Special subscriber only offers for classes.

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